

2020-2021 Enrollment Instructions

Myrtue provides all employees the benefit of a comprehensive wellness program. Participation in the program is voluntary, but by taking part you will have the opportunity to earn a \$350 cash bonus.

How To Get Started

1 Register your Wellness Portal Account at www.MyHealthyWithHSI.com

Returning Users: Login with username & password

New Users:

- A. Click 'Register' in the 'Register Here!' box
- B. Read the Terms and Conditions, then click 'Accept'
- C. In the New user Registration box, fill out the required information:
 - Company: Myrtue
 - Member ID: Last 6 digits of your Social Security Number
- D. Click 'Register'
- E. Create your Username and Password, then click 'Sign In'

New User Registration

Complete the following information.

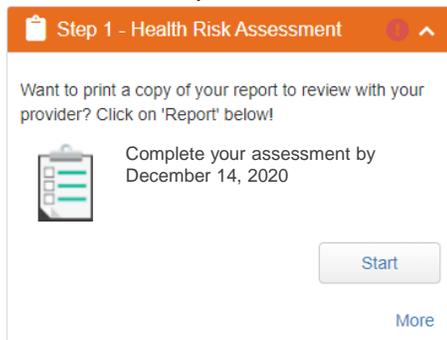
Company	<input type="text" value="Myrtue"/>
Member ID	<input type="text" value="123456"/>
Gender	<input type="radio"/> Male <input type="radio"/> Female
Date of Birth	<input type="text"/>
e-mail address	<input type="text"/>
Telephone no	<input type="text"/>

While You're Logged In...

2 Complete your Health Risk Assessment

Deadline: 12/14/2020

- A. Click 'Start' in the Health Risk Assessment tile
 - A. Click the 'Submit' once all questions are



Step 1 - Health Risk Assessment

Want to print a copy of your report to review with your provider? Click on 'Report' below!

Complete your assessment by December 14, 2020

[More](#)

3 Record 1,000 Points

Deadline: 10/31/2021

- A. Log into the wellness portal
- B. Scroll down to the 'Events' Widget
- C. Click 'More' to view the point opportunities
- D. View total amount of points recorded in the 'Rewards' widget

Mobile Shortcut Instructions

For the Health Solutions Wellness Portal

New User? Get Started

Take your first step by registering on the wellness portal:

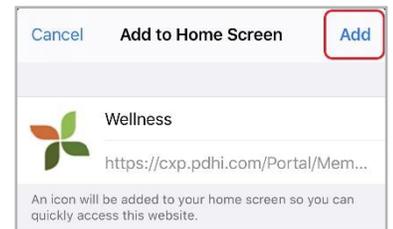
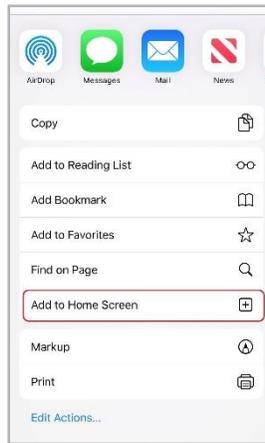
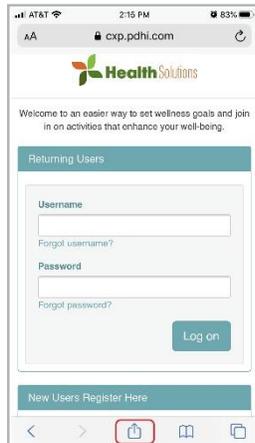
1. Visit your portal login page: www.MyHealthyWithHSI.com
2. Click the “Register” button under New Users Register Here section
3. Carefully review the terms and conditions
4. Fill in your information and create a username and password

Shortcut Icon Instructions

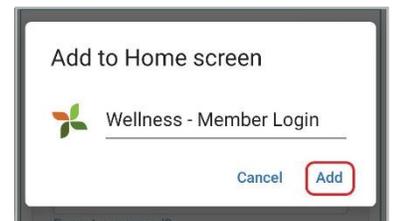
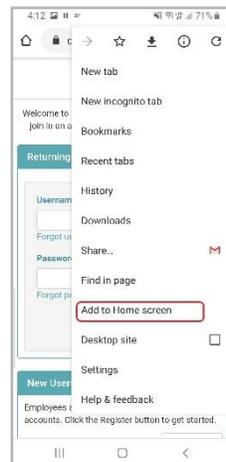
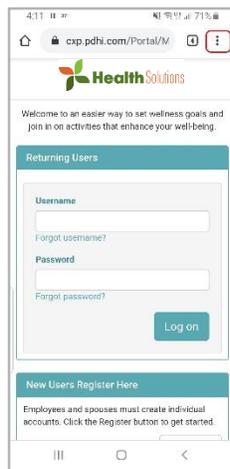
Access your wellness portal on a phone or tablet in just a few easy steps:

1. In a browser, visit your portal login page: www.MyHealthyWithHSI.com
2. In the browser’s options select “Add to Home Screen”
3. Enter a name for your shortcut and click “Add”

APPLE



ANDROID



From this point forward, you can select the icon from your device’s home screen and login with your username and password without having to search in your browser.