

# 2020-2021 Enrollment Instructions

Myrtue provides all employees the benefit of a comprehensive wellness program. Participation in the program is voluntary, but by taking part you will have the opportunity to earn a \$350 cash bonus.

### How To Get Started

### Register your Wellness Portal Account at <u>www.MyHealthyWithHSI.com</u>

# **Returning Users**: Login with username & password **New Users**:

- A. Click 'Register' in the 'Register Here!' box
- B. Read the Terms and Conditions, then click 'Accept'
- C. In the New user Registration box, fill out the required information:
  - Company: Myrtue
  - Member ID: Last 6 digits of your Social Security Number
- D. Click 'Register
- E. Create your Username and Password, then click 'Sign In'

## While You're Logged In...

#### **Complete your Health Risk Assessment** *Deadline: 12/14/2020*

- A. Click 'Start' in the Health Risk Assessment tile
  - A. Click the 'Submit' once all questions are





New User Registration

Company

Member ID

Gender

Date of

Birth

e-mail

no

address

Telephone

Complete the following information.

Myrtue

123456

Male Female

#### Record 1,000 Points Deadline: 10/31/2021

- A. Log into the wellness portal
- B. Scroll down to the 'Events' Widget
- C. Click 'More' to view the point opportunities
- D. View total amount of points recorded in the 'Rewards' widget

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Cancel

If you have issues accessing your personal wellness portal, contact Customer Care directly at 888-362-5920 or by email at info@hsi-rx.com.



## **Mobile Shortcut Instructions**

For the Health Solutions Wellness Portal

#### New User? Get Started

#### Take your first step by registering on the wellness portal:

- 1. Visit your portal login page: <u>www.MyHealthyWithHSI.com</u>
- 2. Click the "Register" button under New Users Register Here section
- 3. Carefully review the terms and conditions
- 4. Fill in your information and create a username and password

#### Shortcut Icon Instructions

#### Access your wellness portal on a phone or tablet in just a few easy steps:

- 1. In a browser, visit your portal login page: <u>www.MyHealthyWithHSI.com</u>
- 2. In the browser's options select "Add to Home Screen"
- 3. Enter a name for your shortcut and click "Add"

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	Health Solutions		
		verurop Messages Mail News Ry	
	Welcome to an easier way to set wellness goals and join in on activities that enhance your well-being.	Сору	Cancel Add to Home Screen Add
	Returning Users	Add to Reading List OO	Cancer Add to Home Screen
0	Username	Add Bookmark	
	Forgot username?	Add to Favorites	Wellness
	Password	Find on Page Q	https://cxp.pdhi.com/Portal/Mem
	Forgot password?	Add to Home Screen +	An icon will be added to your home screen so you can
	Log on	Markup 🛞	quickly access this website.
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	New Users Register Here	Edit Actions	
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<b>C</b>	Forgot Usemame?	Usernam History	🔧 Wellness - Member Login
	Password	Forget us	
	Forgot password?	Passwor Find in page	Cancel (Add
	Log on	Forget pi Add to Home screen	
		Desktop site	
	New Users Register Here	Settings	
	Employees and spouses must create individual	New User:	

ick the Register button to get started

From this point forward, you can select the icon from your device's home screen and login with your username and password without having to search in your browser.

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